



## CAPACITY BUILDING EVENT – TRAINING FOR PROFESSIONALS WORKING WITH CHILDREN AND YOUTH AT RISK IN LATVIA AND LITHUANIA

In the framework of the project LLI-402 “Sports for Social Inclusion of At-risk Teenagers (acronym risk-free)

### PROGRAMME

“Visagino Parkas”, Balto g. 1, Visaginas

#### TUESDAY, 19.02.2019.

09:00	Arrival of participants, registration
09:30	Ice breakers and getting to know each other
10:00	Children and youth at risk in Utena region
11:30	<b>Coffee break</b>
12:00	Open youth work. Principles and methods. Principles of youth work through sports
13:30	<b>Lunch</b>
14:30	Sport methods in youth work. Group activities
16:30	<b>Coffee break</b>
17:00	Sport methods in youth work. Individual youth work
18:30	Daily evaluation and reflection round
19:00	<b>Dinner</b>

#### WEDNESDAY, 20.02.2019.

8:00	<b>Breakfast</b>
9:00	Challenges in working with at risk children and youth. Motivation of youth/sport worker. Psycho-hygiene.
10:30	<b>Coffee break</b>
11:00	Recognition of competences gained through sports. Tools and mechanisms ( <i>Open badge, Youthpass, etc.</i> )
12:30	<b>Lunch</b>
13:30	What can we learn together? What can we implement together? Generation of project ideas
15:00	<b>Coffee break</b>
15:30	Homework assignments Evaluation and closure of the training

**The aim of the training** is capacity building for persons working with at-risk children and youth. It will raise their competence in working with and better understanding this specific target group, as well as create network for exchange of information and best practice. This is the second of three trainings that will be organized in Latgale region and Lithuania in the framework of the project. Participants will be invited to take part in all of them.

**Organizer of this event is Visaginas Municipality administration in collaboration with Juozas Meldžiukas.** Lecturer Juozas Meldžiukas works with local communities, NGOs and public sector organizations to increase their capacity by training and consulting their staff and volunteers in areas of professional development, networking opportunities, volunteering, youth work, entrepreneurship and organizational management. Juozas Meldžiukas is an expert of youth work and in the framework of this training will share existing practices, how to involve young people from different social groups, through different educational, cultural and sport activities.